

## Lea Regatta Risk Assessment

<u>Hazards</u>	<u>Barriers</u>	<u>Events</u>	<u>Controls</u>
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### 1. Weather

Lightning	Be aware of forecast weather and clear the water at the first sign of lightning.	Lightning can kill or inflict serious injury	
Extreme temperatures	Instruct competitors to wear clothing appropriate for the weather and to use sun block on exposed parts on sunny days. Minimise delays by use of divisions.	Exposure to extreme conditions: hypo- or hyperthermia.	Competitors and spectators will make the best use of shelter, and any suffering from symptoms will report to first aid for advice on treatment.
Poor visibility	The event will not be held if visibility does not allow safe navigation.	collisions	

### 2. Rowing Environment

Vertical banks	Competitors are warned about the inaccessibility of shore for getting out of the water. This problem is much more serious where boats are moored blocking access by rescuers.	Following capsize, prolonged exposure to polluted and/or cold water	Marshals and bank umpires will have throw lines and thermal blankets. A rescue launch, similarly equipped, will be on the course at all times having radio contact with all umpires and marshals.
Wildlife	Competitors are instructed not to disturb the swans.	attacks	In the rare event of attacks, self-defence is generally possible.

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Bends	Crews and scullers must keep a good lookout for oncoming traffic and keep to the right (in the direction of travel).	collision	A rescue launch will be on the course at all times having radio contact with all umpires and marshals.
Weeds	To be avoided	Possible capsize	
Spectators	Behaviour is outside control by the organizers	Unwelcome behaviour	Chairman of Race committee may choose to summon police.

### 3. Water

Current Rough water	If conditions are not suitable, the regatta will be called off or suspended.	Boats become unsafe or uncontrollable	
Cold water	A problem following capsize	Cold shock	Marshals and bank umpires will have throw lines and thermal blankets. A rescue launch will be on the course at all times having radio contact with all umpires and marshals.
Water-borne hazards	Warn competitors.	Weil's disease	Shower as soon as possible after competition, particularly after swimming and especially any cuts or the like.

### 4. Other Water Users

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Wash	Crews are able to handle wash on the Lea	Possible swamping	As with capsized
Anglers			
Ignorant or incompetent motor boat users	Crews are warned to keep a good lookout	Collision and serious injury to rowers.	In the event of capsized, rowers should shout to get the attention of the boater; so their motor can be cut

### 5. Going afloat and landing

Handling of boats	Competitors need to take care regarding vehicles, other boats and people on the roads and the landing stage.	Collision with boats, vehicles or people	In the event of injury, a visit to first aid is the first step.
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### 6. In and around the boathouse

Fire	The premises has numerous fire doors.		In the event of fire, the emergency plan commands immediate evacuation, with meeting point on the field across the car park.
Electric shutters	Are on all the ground floor entrances to the main boathouse.	crushing	The doors are all closed only by a switch immediately adjacent. This must be held until the doors are closed.

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Stairs	Are equipped with adequate handrails	trip	A fall requires a visit to first aid.
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### 7. Equipment problems

Gates	Crews know that they are responsible for the proper maintenance and adjustment of their equipment.	Malfunction or failure while under way	
Heel restraints			Subject to random checks by umpires
Flotation (incl. life jackets)			
Bow balls			
Stretchers			
Steering			