



Teachers/Group Leaders Responsibilities

Teachers/Group Leaders retain responsibility for the safety and conduct of participants at all times other than during controlled activity sessions (on the water or when collecting and returning equipment).

It is important that at all times each member of a group and the Lead Coach or Assistant Coach know exactly which members of the group they are responsible for and the extent of that responsibility.

Consent Forms

Teachers/Group leaders are responsible for ensuring that all participants have a completed consent form, complete with details of an emergency contact and any medical issues. An example Consent Form can be found on the 'schools' tab on www.learc.org.uk. It is recommended that Teachers/Group Leaders bring copies or have access to the consent forms when they attend the club.

Clothing

While taking part in any outdoor activity it is important that everyone is equipped appropriately. Unsheltered exposure to the weather can be dangerous and you should always ensure that you and your group have an adequate supply of warm clothing in the winter and protection from the sun in the summer. Watersport participants must have a complete change of clothing, trainers and a towel.

Rowing in cold weather

Please make sure your students have plenty of warm clothes for going on the water while the weather is cold. If they are small and lightweight they may need more but this is our general recommendation:

2 layers on the bottom (tights and leggings or double layered tracksuit bottoms) and 3 layers on the top as a minimum. 1 layer on the bottom may be enough for some. They may also need a warm hat.

It is the coach's decision to assess the risk and act accordingly - any students not dressed appropriately may not be able to go on the water.

It is still important to bring a bottle of water and of course a change of clothes and towel.

Cost

This will cover the cost of coaches, equipment and use of the club and its facilities. Please apply to schools@learc.org.uk for a quotation. Coaches work to a ratio of 2 coaches to 12 students but this is subject to activity, age and ability. At least one of the coaches will be a Level 2 qualified coach. Students with Special

Needs will require a greater level of coaching supervision. The recommended session length is 1.5 hours.

If you wish to make a booking, please complete the Booking Form and email it to schools@learc.org.uk and I will confirm availability and cost as soon as possible.

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